

01 fide satellite cells. The three growth factors families discussed here are: Fibro-
02 blasts Growth Factor (FGF) family, Hepatocyte Growth Factor (HGF) family and
03 Transforming Growth Factor beta (TGF β) super family. The TGF β super family
04 is comprised of several families, here we mostly focus on the main TGF β growth
05 factors and myostatin. As discussed in the later part of this chapter, there is a general
06 consensus that certain FGFs and HGF are positive regulators that promote satellite
07 cell proliferation and in some instances can also delay differentiation of satellite
08 cell progeny. Studies show that members of the TGF β super family (myostatin
09 included) may inhibit proliferation and are therefore considered negative regulators-
10 whereas other studies suggest that TGF β growth factors support proliferation and
11 inhibit differentiation. A general overview of each family of growth factors is first
12 introduced followed by a discussion on specific studies related to myogenesis.

13 Insulin-like growth factors (IGFs) and platelet-derived growth factors (PDGFs)
14 were also implicated to have a regulatory role in myoblast proliferation but their
15 *direct* effect on bona fide satellite cells has not been demonstrated. IGFs presumably
16 have a dual effect on myoblasts, supporting both proliferation during early stages of
17 myogenesis and differentiation during later stages (Booth, 2006; Florini et al., 1996;
18 Rosenthal and Cheng, 1995; Mourkioti and Rosenthal, 2005). Nevertheless, such a
19 dual effect was observed only in cell lines and long-term proliferating myoblasts,
20 yet it remains unclear if IGFs indeed affect proliferation of satellite cells and
21 their progeny or just play a central role in myofiber hypertrophy (Allen and
22 Boxhorn, 1989; Bischoff, 1986). Platelet-derived growth factors (PDGFs) were
23 originally shown to regulate myogenesis in long-term proliferating myoblasts and
24 myogenic cell lines (Jin et al., 1991; Yablonka-Reuveni et al., 1990; Yablonka-
25 Reuveni and Seifert, 1993; Yablonka-Reuveni and Rivera, 1997; Jin et al., 1993;
26 McFarland et al., 1997). However, unpublished results from our laboratory suggest
27 that rodent satellite cells in isolated myofibers and their progeny do not respond
28 to IGFs or PDGFs. The inconsistency between the two conclusions made with
29 the different culture systems may reflect biological differences between myoblasts
30 undergoing multiple passages in culture to bona fide satellite cells and their
31 immediate progeny. It is however possible that difference in culture conditions-
32 contribute to differing results and that all cell culture models provide physiologically
33 relevant information. Caution should be taken when projecting conclusions from
34 cell line studies onto bona fide satellite cell biology since long-term propagation
35 of cell lines results in alternated expression of growth factor receptors and altered
36 response to growth factors.

37 38 **1.2 The Inside: Interplay Between Transcriptional Loops** 39 **and Cell Cycle Regulators Govern Satellite Cell Transition** 40 **from Quiescence to Differentiation** 41

42 Adult skeletal muscle is composed of multinucleated myofibers (fibers) that are estab-
43 lished during embryogenesis by fusion of myogenic cells (myoblasts). Typically, in
44 a healthy muscle the myofiber nuclei (myonuclei) are mitotically inactive. Addition

01 of new myonuclei or formation of new myofibers for supporting muscle growth and
02 repair depends on satellite cells, myogenic stem cells located underneath the fiber
03 basal lamina (Mauro, 1961; Collins et al., 2005; Shefer, 2006). During postnatal
04 growth, activated satellite cells proliferate to form new myoblasts that fuse with the
05 growing myofibers. In mature muscles, satellite cells are typically quiescent, but
06 can be recruited following subtle injuries (e.g., due to exercise) or massive muscle
07 damage (e.g., due to trauma). Satellite cells support muscle integrity by giving rise
08 to progeny that fuse with existing myofibers when minute repairs are needed, and
09 by generating a large pool of progeny cells to form new myofibers upon massive
10 damage (Grounds and Yablonka-Reuveni, 1993; Hawke and Garry, 2001). Since
11 small myofiber injuries routinely occur during daily activity, the need for ongoing
12 repair is essential for muscle maintenance. Therefore, a balance between satellite
13 cell proliferation and differentiation must exist in order to maintain both functional
14 fibers and the satellite cell reservoir.

15 At the molecular level, myogenesis of satellite cells is regulated in a highly
16 orchestrated fashion to ensure that specific genes are turned on and off in a tempo-
17 rally organized manner according to genetic blueprints, cell cycle requirements, and
18 environmental factors. The resulting pattern of gene expression yields the termi-
19 nally differentiated myoblasts that are capable of adding myonuclei to existing
20 myofibers in addition to fusing together to form new myofibers during muscle
21 growth and repair. Both quiescent and proliferating satellite cells express the paired-
22 homeobox transcription factor Pax7 (Collins et al., 2005; Shefer, 2006; Halevy
23 et al., 2004; Seale et al., 2000) as well as Myf5, a member of the family of muscle
24 specific transcription factors (MRFs, that include also MyoD, myogenin and MRF4;
25 (Ludolph and Konieczny, 1995)). The expression of Myf5 in quiescent satellite
26 cells has been demonstrated based on Myf5-lacZ reporter assays and endogenous
27 Myf5 transcript expression (Beauchamp et al., 2000; Zammit et al., 2006; Day
28 et al., 2006). Upregulation of MyoD in activated satellite cells marks the satellite
29 cell's transition into a proliferative phase (Zammit et al., 2006; Yablonka-Reuveni
30 and Rivera, 1994). The onset of myogenin expression marks a commitment of
31 satellite cell progeny to differentiate (Yablonka-Reuveni and Rivera, 1994; Andres
32 and Walsh, 1996). This differentiation commitment is also associated with a decline
33 in Pax7 and Myf5 expression, a withdrawal from the cell cycle and subsequent
34 fusion of myoblasts into multinucleated myotubes (Shefer, 2006; Halevy et al., 2004;
35 Yablonka-Reuveni and Rivera, 1997; Zammit et al., 2004).

36 The role of Pax7 during satellite cell myogenesis has been under debate ever
37 since its expression in these cells was first identified (Seale et al., 2000). Some
38 studies suggest that Pax7 is required for satellite cell renewal while others proclaim
39 that Pax7 is actually required for satellite cell survival rather than renewal per se
40 (Seale et al., 2000; Oustanina et al., 2004; Casar et al., 2004). Nevertheless, there
41 are solid evidence, indicating that satellite cells typically express Pax7 regardless
42 of the type of parent fiber (i.e., fast versus slow) they are associated with, and
43 that their self-renewed progeny also express Pax7 (and not MyoD), similar to their
44 ancestors (Collins et al., 2005; Shefer, 2006; Day et al., 2006; Zammit et al., 2004).

01 The role of MRFs as myogenic determination factors during myogenic lineage
02 establishment in early developed, and also as regulators of myogenic differentiation
03 in the adult is well established (Ludolph and Konieczny, 1995; Kassam-Duchossoy
04 et al., 2004). However, the role of MRFs during the life cycle of satellite cells is
05 less clear. It is commonly held that MyoD serves as a master transcription factor
06 that directs activation of differentiation-linked genes (Tapscott, 2005). Continuous
07 MyoD expression in differentiated progeny of satellite cells seems to depend on
08 the extracellular environment. In a serum-replacement based medium satellite cells
09 undergo as little as one or two rounds of proliferation before rapidly entering
10 differentiation, after which their progeny will express myogenin but not MyoD
11 (Yablonka-Reuveni and Rivera, 1997; Yablonka-Reuveni et al., 1999a; Yablonka-
12 Reuveni et al., 1999b). Although MyoD is expressed in proliferating progeny
13 of satellite cells (Shefer and Yablonka-Reuveni, 2006), the actual function of
14 MyoD during myoblast proliferation remains to be determined (see (Wyzykowski
15 et al., 2002) for a proposed role). The findings that Myf5 expression declines
16 when myoblasts enter differentiation, whereas MyoD expression persists well into
17 the differentiation stage, suggest that these two MRFs have different roles during
18 myogenesis of satellite cells (Zammit et al., 2006). Myogenin expression is critical
19 for muscle formation during embryogenesis. However, conditional impairment of
20 myogenin in the adult muscle does not interfere with myogenesis, raising further
21 questions about the actual role of myogenin in adult life (Knapp et al., 2006).
22 Lastly, the role of MRF4 during myogenesis of satellite cells is also unclear, as
23 in different studies its expression was detected before, after or concurrently with
24 myogenin expression (Smith et al., 1993; Smith et al., 1994).

25 Members of the myocyte enhancer factor 2 (MEF2) transcription factor family
26 are also involved in myogenesis regulation (Molkentin et al., 1995; Black and
27 Olson, 1998). MRFs and MEF2s function in concert to support the timely expression
28 of muscle specific structural proteins following differentiation commitment. We
29 showed that the transition into the MEF2A-expressing state occurs together with,
30 or shortly after, the onset of myogenin expression in differentiating satellite cells
31 (Kastner et al., 2000; Yablonka-Reuveni and Rivera, 1997). The dual expression of
32 myogenin and MEF2A is soon followed by the expression of sarcomeric myosin
33 (Yablonka-Reuveni and Rivera, 1997). The initial stage of myogenin expression
34 marks myoblast commitment to differentiate. Terminal differentiation of such
35 myogenin-expressing cells involves withdrawal from the cell cycle (Andres and
36 Walsh, 1996; Wang and Walsh, 1996). Cell cycle regulators that are essential for
37 this terminal differentiation include the cyclin dependent kinase cyclin D3, the
38 cyclin-dependent kinase inhibitors p21 and pRb (Andres and Walsh, 1996; Halevy
39 et al., 1995; Kiess et al., 1995; Cenciarelli et al., 1999). pRb is involved in the
40 regulation of both cell cycle withdrawal and the expression of differentiation-linked
41 structural genes (Halevy et al., 1995; Novitsch et al., 1999; De Falco et al., 2006). The
42 upregulation of p21, pRb and cyclin D3 in myogenic cells is thought to be governed
43 by MyoD (Halevy et al., 1995; Cenciarelli et al., 1999). Hence, MyoD must be kept
44 in a transcriptionally inactive form in proliferating cells until appropriate signals

01 for inducing differentiation are conveyed (Novitch et al., 1999; Song et al., 1998;
02 Kitzmann et al., 1999; Puri et al., 2001; Perry et al., 2001).

03 An interplay between transcriptional loops and cell cycle regulators during
04 myogenesis is typically investigated in cultures of myogenic cell lines and in
05 some instances using long-term passaged progeny of satellite cells. In such models,
06 myoblasts remain proliferative for a longer time when placed in a serum-rich
07 environment and rapidly differentiate when placed in a serum-poor environment
08 (Yablonka-Reuveni et al., 1990; Yablonka-Reuveni and Rivera, 1997; Clegg
09 et al., 1987; Yaffe and Saxel, 1977; Yaffe, 1969; Rando and Blau, 1994). It is
10 however important to recognize that immediate progeny of satellite cells from
11 adult skeletal muscle typically cannot be stopped from entering differentiation,
12 regardless of medium composition or cell density (Shefer, 2006; Yablonka-Reuveni
13 et al., 1987; Yablonka-Reuveni, 2004). Thus, the ability to stop the differentiation
14 of long-term passaged myoblasts may reflect only a subpopulation of satellite cell
15 progeny (especially when derived from individual myogenic clones). Moreover,
16 cells that undergo long term passaging often transform and become immortal, intro-
17 ducing major variations in regulatory loops compared to founding ancestor cells.

18

19

20 **1.3 The Outside: Extracellular Cues Regulate The “Built-In”** 21 **Myogenic Program**

22

23 *1.3.1 Defining growth factors and their mode of action via* 24 *transmembrane receptors*

25 Growth factors are proteins capable of stimulating cellular proliferation and differ-
26 entiation. Growth factors stimulate intracellular activities by binding to their trans-
27 membrane receptors. Chemokines, cytokines and growth factors are all peptide
28 signaling molecules. Typically, the other groups of signaling proteins are catego-
29 rized according to the following guidelines: (i) Chemokines – are small protein
30 factors (8–10 kDa) that are released from a variety of cells in response to bacterial
31 infection, viruses and agents that cause physical damage. (ii) Cytokines – are small
32 water-soluble proteins and glycoproteins (8–30 kDa) that are produced by a wide
33 variety of cell types and affect nearby as well as distant cells. The term growth factor
34 is sometimes used interchangeably with the term cytokine. Historically, cytokines
35 were associated with hematopoietic cells and immune system cells. However, some
36 of the signaling proteins of the hematopoietic and immune systems are known today
37 to be common to other cells and tissues as well. (iii) Hormones (which include
38 steroids in addition to peptide molecules) are released from an organ (usually an
39 endocrine gland) directly into the blood stream and affect nearby (paracrine) or
40 distant target cells as they are distributed throughout the body through the blood
41 system (endocrine). In general, hormones that are secreted into the circulation are
42 received by appropriate organs where they produce a specific effect on metabolism.
43 Growth factors typically do not commute via body fluids to their target cells, but
44 rather are produced locally.

01 The actions of growth factors are mediated by their receptor specific binding.
02 Growth factor receptors are classified into three major families: (i) tyrosine kinases;
03 (ii) small G-protein-associated receptors; and (iii) serine/threonine kinases. Tyrosine
04 phosphorylation is considered the most characteristic feature of growth factor
05 receptors (Eswarakumar et al., 2005; DiMario, 2002). Binding to the tyrosine
06 kinase receptor causes receptor dimerization, which leads to autophosphorylation of
07 conserved residues in its intracellular domain. Once activated, the receptor functions
08 as a tyrosine kinase inside the cell. A cascade of downstream signaling enzymes
09 carries the signal from the receptor tyrosine kinase domain through cytoplasmic
10 target kinases and into the nucleus. The end targets of the cascade are transcription
11 factors that, once phosphorylated form multi-protein complexes with accessory
12 proteins and bind specific promoter and enhancer sequences of target genes (Naar
13 et al., 2001; Tartakoff, 1994). Nearly all tyrosine kinase receptors described thus far
14 are composed of an extracellular ligand-binding domain, a single transmembrane
15 domain, a region containing the tyrosine kinase activity, and a carboxy terminus
16 extending into the cytoplasm (Perona, 2006). Various studies indicated that at times
17 the receptor may also serve as a vehicle to shuttle its respective growth factor into
18 the cell or nucleus and does not necessarily function to transduce a signaling cascade
19 directly from its intracellular domain (see for example (Haugsten et al., 2005) for
20 the FGF receptor system).

21 Growth factors that are produced within the same cells that respond to these
22 factors are considered to have an autocrine mode of action. Growth factors that act
23 in a paracrine manner are produced in other sites within the tissue and reach target
24 cells by diffusion for example. Often, one set of cells produces the ligand (e.g.,
25 growth factor) while the appropriate receptor is expressed on a separate cell type. For
26 example, within the context of skeletal muscle, we demonstrated that satellite cell
27 progeny express both PDGF-A and PDGF-B but only the surrounding connective
28 tissue cells are able to proliferate in response to PDGF (Kastner et al., 2000 and
29 unpublished results).

30 1.3.2 *Extracellular matrix (ECM) and cell surface heparans facilitate* 31 *growth factor functions*

32
33 The complex set of signals conveyed to satellite cells by growth factors is often
34 associated with components of the surrounding ECM, which is adjacent to the
35 basal lamina of the myofiber. The ECM of the muscle tissue is composed of
36 fibroblasts and a complex mesh of several types of collagen, glycoproteins, and
37 proteoglycans. Blood vessels, especially the elaborated network of micro capil-
38 laries, also belong to the ECM constituents and affect myogenesis. In addition to
39 serving as a structural scaffold, the ECM, especially the proteoglycan component,
40 regulates cell behavior by interacting with growth factors and by activating cellular
41 signal transduction pathways (Jenniskens et al., 2006; Velleman et al., 2006;
42 Velleman, 2000).

43 Cell surface heparan sulphate proteoglycans often bind to transmembrane
44 receptors (HSPGs) acting as co-receptors for enhanced binding to the respective

01 growth factors. HSPGs can be found anchored to the outer membrane surface
02 or in the ECM (Bernfield et al., 1999). HSPGs are able to recognize and bind
03 soluble ligands, and this binding yields high local ligand concentration at the cell
04 membrane proximity that is sufficient to activate signaling receptors (Bernfield
05 et al., 1999; Carrino, 1998). HSPGs are present ubiquitously on cell surfaces and
06 in the ECM of most mammalian cells. Cell surface heparan sulfate (HS) is found
07 mainly attached to two families of proteoglycans: glypicans and syndecans. HS
08 chains found in the extracellular matrix mainly attach to perlecan and agrins
09 (Bernfield et al., 1999). Studies with primary myoblasts cultured on gelatin or
10 Matrigel (Yablonka-Reuveni, 2004; Hartley and Yablonka-Reuveni, 1990) as well
11 as extensive studies with myogenic cell lines demonstrated that the ECM is essential
12 for normal myogenesis, both through direct interactions between ECM molecules
13 with plasma membrane receptors and through modulation of growth factor activ-
14 ities, such as described above (Casar et al., 2004; Osses and Brandan, 2002; Melo
15 et al., 1996).

16 Members of the FGF, HGF and TGF β families are heparin binding growth factors
17 and their function during myogenesis is most likely facilitated by their own or
18 by their corresponding receptors' interactions with HS and HSPGs. Such interac-
19 tions were suggested to influence various processes including: stabilization of the
20 receptor-ligand complex; protection of the ligand from denaturation; enhancement
21 or reduction of the activity of some members of a growth factor family (or of their
22 alternative splice forms); generating specificity during development, growth and
23 repair; and generating micro-niches with increased concentrations of the growth
24 factors (Bernfield et al., 1999; Roghani et al., 1994; Aikawa and Esko, 1999;
25 Lietha et al., 2001; Ornitz, 2000). Several studies with the mouse myogenic
26 cell line C2C12 revealed that the expression of some HSPGs is differentially
27 regulated during differentiation. For example, synthesis of the proteoglycans decorin
28 and glypican is increased whereas the synthesis of perlecan and syndecan-1 is
29 decreased during differentiation (Larrain et al., 1997; Larrain et al., 1997; Olwin
30 and Hall, 1985; Brandan et al., 1991; Brandan et al., 1996). Inhibition of proteo-
31 glycan sulfation by chlorate treatment of C2C12 cultures (Osses and Brandan, 2002;
32 Melo et al., 1996), MM14 mouse myoblasts (Olwin and Rapraeger, 1992), or
33 isolated myofibers (Cornelison et al., 2001) affects *in vitro* myogenesis. Moreover,
34 *in vivo* administration of synthetic polymers that mimic HSPGs accelerates both
35 regeneration and re-innervation of skeletal muscles (Desgranges et al., 1999;
36 Meddahi et al., 2002).

37 In recent years much interest has been given to the role of decorin in satellite cell
38 myogenesis and muscle regeneration, in view of its ability to modulate myoblast
39 responsiveness to members of the TGF β family which in turn affects fibrosis and
40 muscle regeneration (Riquelme et al., 2001; Miura et al., 2006; Fadic et al., 2006;
41 Sato et al., 2003; McCroskery et al., 2005; McFarland et al., 2006). Similarly, there
42 is a growing interest in the role of syndecans in view of the finding that satellite
43 cells express syndecans and that muscle regeneration is impaired in mice lacking
44 certain syndecans (Cornelison et al., 2001; Cornelison et al., 2004).

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01 and subsequent four-kringle domains, and the β -chain contains a serine protease-
02 like domain with no enzymatic activity (Nakamura et al., 1989; Tashiro et al., 1990;
03 Funakoshi and Nakamura, 2003).

04 For its action, HGF needs to bind to its cell surface receptor, c-met (Naldini
05 et al., 1991; Bottaro et al., 1991). C-met is a heterodimeric receptor tyrosine
06 kinase that was initially discovered as a transforming gene from chemically treated
07 osteosarcoma cells (Cooper et al., 1984). HGF also binds the glycosaminoglycan
08 (GAG) chains of heparan sulfate (HS) and dermatan sulfate (DS) proteoglycans
09 (Lyon et al., 1994; Lyon et al., 1998), although with lower affinity than to the
10 c-met receptor. Evidence suggests that an active ternary complex forms between
11 HGF, c-met and appropriate proteoglycans (Lyon et al., 2002). The primary c-met
12 transcript is translated into a 150-kDa polypeptide that is further glycosylated to give
13 a 195-kDa precursor protein. This precursor is then cleaved into a 50-kDa α -chain
14 and a 145-kDa β -chain, which are linked via disulfide bonds (Comoglio, 1993).
15 The mature c-met heterodimer consists of a highly glycosylated extracellular α -
16 subunit, a β -subunit with a large extracellular region, a membrane spanning segment,
17 and an intracellular tyrosine kinase domain. Upon HGF binding, c-met undergoes
18 autophosphorylation of specific tyrosine residues within the intracellular region
19 of the β chain and ignites downstream signaling (Leshem et al., 2002; Ponzetto
20 et al., 1994; Schaeper et al., 2000; Sachs et al., 2000).

21

22

23 **3.2 Effect of HGF on Activation, Proliferation and Differentiation** 24 **of Satellite Cells**

25 HGF is expressed in intact and regenerating muscle (Kastner et al., 2000, Tatsumi
26 et al., 1998; Jennische et al., 1993; Hayashi et al., 2000). Transcripts and protein
27 levels of HGF are increased during the early phase of muscle regeneration, and
28 this increase is proportional to the degree of injury (Suzuki et al., 2002; Tatsumi
29 et al., 2001). Studies demonstrated that HGF is produced by muscle cells in vitro
30 and in vivo and is secreted to the extracellular environment where it is stored in its
31 heterodimeric form. The c-met receptor is expressed by satellite cells and proliferating
32 myoblasts and exogenous HGF promotes satellite cell activation and myoblast
33 proliferation, indicating a direct role of the HGF system in satellite cell myoge-
34 nesis (Kastner et al., 2000; Yablonka-Reuveni et al., 1999a; Tatsumi et al., 1998;
35 Gal-Levi et al., 1998; Cornelison and Wold, 1997).

36 HGF was also suggested to play a role in preventing proliferating satellite cells
37 from differentiating; this inhibitory effect may occur via the involvement of the
38 basic helix loop helix protein Twist and the cyclin-dependent kinase inhibitor p27
39 (Leshem et al., 2002; Tatsumi et al., 1998; Anastasi et al., 1997; Zeng et al., 2002).
40 Nonetheless, the pattern of satellite cell proliferation on isolated rat myofibers
41 did not support the notion that HGF delays satellite cells differentiation (Kastner
42 et al., 2000, Yablonka-Reuveni et al., 1999a). In-vivo administration of HGF
43 to injured mouse indeed revealed enhancement of satellite cell proliferation and
44 delayed differentiation. However, such sustained HGF administration resulted in

01 impaired regeneration (Miller et al., 2000). The latter study further exemplified the
02 difficulties associated with controlling muscle regeneration by supplementation of
03 growth factor. The interplay between myoblast proliferation and differentiation is
04 a complex process that requires an optimal spatial and temporal milieu of multiple
05 growth factors, each present in the right amount at the right time.

06 In vitro and in vivo data demonstrate that release of nitric oxide synthase from
07 the basal lamina, in response to myofiber stretch or damage, leads to the production
08 of nitric oxide. Nitric oxide then activates matrix metalloproteinases, which in turn
09 can cause release of HGF from its association to HSPGs, making HGF available
10 for binding to the c-met receptor and to activate satellite cells (Anderson, 2000;
11 Tatsumi et al., 2006; Tatsumi et al., 2002; Yamada et al., 2006). In addition to
12 this autocrine/paracrine mechanism that provides HGF from cellular source near
13 by satellite cells, an endocrine delivery of HGF to the injured muscle was also
14 suggested based on the rapid upregulation of HGF in the spleen following muscle
15 injury (Suzuki et al., 2002).

16 Aside from the effect on proliferation and differentiation, HGF is also involved
17 in promoting satellite cell migration to the site of injury, via activation of the
18 Ras-Ral pathway, as demonstrated by the in vitro chemotactic activity of this factor
19 in primary myogenic cultures and the C2C12 cell line (Bischoff, 1997; Suzuki
20 et al., 2000). Taken together, these data demonstrate the pleiotropic role that HGF
21 probably plays during muscle regeneration by boosting the proliferating myoblast
22 population due to its mitogenic and chemotactic activities. These may be important
23 for accomplishing a threshold myoblast density needed to start the fusion phase.

24

25

26 **4. THE TGF β SYSTEM AND ITS ROLE IN MYOGENESIS** 27 **OF SATELLITE CELLS**

28

29 **4.1 The TGF β Superfamily and its Receptors: Overview**

30

31 The TGF β superfamily consists of more than 40 members, such as TGF β s, bone
32 morphogenetic proteins (BMPs) and growth differentiation factors (GDFs) (Shi and
33 Massague, 2003). One of the more recently discovered members of the GDF family,
34 named GDF8 or myostatin, is a negative regulator of embryonic and postnatal
35 skeletal muscle growth that functions to maintain a proper muscle mass (Dominique
36 and Gerard, 2006). The diverse TGF β ligands share a common sequence and some
37 structural features but elicit different cellular responses during pre- and postnatal
38 development as well as in disease. Members of the TGF β superfamily are known
39 to participate in the regulation of various biological processes, such as tissue
40 homeostasis, cell-cycle progression, differentiation, reproductive function, motility,
41 adhesion, neuronal growth, bone morphogenesis, wound healing, and immune
42 surveillance (Attisano and Wrana, 2002; Chang et al., 2002; Massague, 2000;
43 Massague, 2000).

44

45 TGF β s, the prototype members of this superfamily, are released from cells as
46 an inactive complex where their active domain is masked by a propeptide, termed

01 Latency Associated Peptide (LAP). They have little or no biological activity until
02 LAP is cleaved by a furin-like endoproteinase (Dubois et al., 1995). Members of the
03 TGF β superfamily signal through transmembrane receptors that have a cytoplasmic
04 serine/threonine kinase domain. The TGF β receptors are divided into two subfam-
05 ilies, type I and type II, which interact together to initiate TGF β signaling. Both
06 receptor types are glycoproteins of approximately 55 kDa and 70–85 kDa, respec-
07 tively. Their extracellular region contains about 150 amino acids, including 10 or
08 more cysteines that determine the folding of this region. A unique feature of the type
09 I TGF β receptors is a highly conserved intracellular region, composed of 30 amino
10 acids, located upstream to the cytoplasmic kinase domain named GS domain for
11 its SSGSGS sequence (Wrana et al., 1994). Binding of a TGF β ligand induces the
12 type II receptor kinase to phosphorylate multiple serine and threonine residues in the
13 TTS SSGSGS sequence of the cytoplasmic GS region of the type I receptor, leading
14 to its activation (Wrana et al., 1994; Souchelnytskyi et al., 1996). Binding of the
15 ligand triggers the assembly of a receptor complex and thus initiating the phospho-
16 rylation of signaling transducers of the SMAD protein family; once phosphory-
17 lated, SMADs migrate into the nucleus, where they assemble to form protein DNA
18 binding complexes that control gene expression. (Massague, 2000). TGF β type III
19 receptor was also described (Cheifetz et al., 1988; Wickert et al., 2004). It is a
20 large (250–350 kDa) transmembrane proteoglycan with a large extracellular domain
21 and a 43 amino acid residue cytoplasmic domain. The cytoplasmic domain of the
22 Type III receptor lacks an obvious signaling motif and the receptor may not be
23 involved directly in signal transduction. The Type III receptor binds TGF β 2 with
24 the highest affinity. Other TGF β isoforms also bind the Type III receptor, but with
25 lower affinities. Cellular responsiveness to TGF β 2 appears to be dependent on the
26 presence of the Type III receptor, which can interact with the signaling receptor
27 complex. In addition to the transmembrane Type III receptor, a soluble form of the
28 receptor is secreted by some cell types (Venkatesha et al., 2006). The physiological
29 role of this soluble receptor remains to be determined.

31 **4.2 Effects of the TGF β Family on Proliferation and Differentiation** 32 **of Satellite Cells**

33
34 The TGF β family comprises of three typical members (1, 2, and 3). Two additional
35 members, TGF β 4 and TGF β 5, were found in chicken and xenopus, respectively
36 but (but not in mammals). Selective TGF β s were shown to regulate myoge-
37 nesis of adult-derived myoblasts. It is generally accepted that TGF β s suppress
38 myogenic differentiation. Nevertheless, some studies indicate a positive effect of
39 TGF β on mammalian myoblast proliferation while in other instances they were
40 shown to suppress proliferation (Allen and Boxhorn, 1989; Cook et al., 1993;
41 Hathaway et al., 1991; Quinn et al., 1994; Hathaway et al., 1994). Importantly,
42 addition of TGF β 1 to isolated myofiber cultures resulted in a drastic reduction
43 in the number of proliferating satellite cells both in the absence or presence of
44 FGF2 (Yablonka-Reuveni and Rivera, 1997; Bischoff, 1990). These findings clearly

01 demonstrate that TGF β 1 suppresses proliferation of bona fide satellite cells. Differ-
02 ently, administration of TGF β 1 to C2C12 myogenic cell line, or to the muscle
03 tissue, initiated fibrosis (Li et al., 2004). Taken together, the latter studies indicate
04 that TGF β might directly affect satellite cell myogenesis within their niche, but
05 when its physiological levels are increased it may contribute to muscle pathology.
06 The correlation between elevated expression levels of TGF β in the mdx mouse,
07 model of human Duchenne muscular dystrophy (Zhou et al., 2006), further supports
08 involvement of TGF β in this muscle pathology. In contrast, there is no evidence for
09 increased TGF β expression in the laminin alpha 2 (merosin)-deficient dy mouse,
10 which shows progressive muscle fiber necrosis and ineffective muscle regeneration
11 (Sakuma et al., 2000).

12 Clearly, there is a need for more studies on the role of TGF β during myoge-
13 nesis of satellite cells. We demonstrated that freshly isolated myofibers express
14 high levels of TGF β 1 transcripts and it is conceivable that age-associated changes
15 in this factor within the context of the myofiber could be involved in reduced
16 performance of satellite cells in old age (S. Kastner and Z. Yablonka-Reuveni,
17 unpublished studies). A gene array study of myogenic cells propagated for long
18 term in culture demonstrated alterations in the expression level of many genes
19 directly or indirectly involved with the TGF β signaling pathway (Beggs et al., 2004).
20 This study suggested that with age, myogenic progenitors acquire the paradoxical
21 phenotype of being both TGF β -activated based on overexpression of TGF β -
22 inducible genes, but resistant to the differentiation-inhibiting effects of exogenous
23 TGF β . Additionally, over expression of TGF β -regulated genes, such as connective
24 tissue growth factor, was proposed to play a role in increasing fibrosis in aging
25 muscle (Beggs et al., 2004). The caveat that comes with this study is that cells
26 passaged for long term to amplify sufficient cells for the study, were not neces-
27 sarily free of contribution of muscle connective tissue cells. Thus, results can be
28 affected by the contribution of gene expressed by non-myogenic cells. If such contri-
29 bution is higher in preparations from aged animals, it can lead to the conclusion
30 that that myoblasts from old age mice undergo alterations with regard to the
31 TGFbeta signaling system. Nevertheless, it is clear that studies on the role of
32 the TGF β system of the satellite cells are greatly needed. However, the research
33 effort on the role of TGF β during myogenesis has been shifted toward myostatin
34 upon the discovery of this presumably muscle-specific member of the TGF β
35 superfamily.

36 37 **4.3 The Role of Myostatin (GDF8)**

38 *4.3.1 Myostatin regulates muscle mass*

39
40 Myostatin, a negative regulator of embryonic and postnatal skeletal muscle growth,
41 functions to maintain a proper muscle mass during development and in adult life-
42 (Dominique and Gerard, 2006; McPherron and Lee, 1997; Kambadur et al., 1997;
43 McPherron, 1997; Schuelke et al., 2004; Carnac et al., 2006). A myostatin deficiency
44 results in an enhanced muscular phenotype that is maintained throughout life,

01 resulting in reduced age-linked muscle atrophy (Wagner, 2005; Siriatt et al., 2006).
02 The production and effect of myostatin is generally held to be skeletal muscle-
03 specific during pre and postnatal growth (McPherron and Lee, 1997), however,
04 myostatin mRNA or protein have been detected in other tissues of vertebrates,
05 including mammary gland (Ji et al., 1998), adipose tissue (McPherron and
06 Lee, 1997) and in plasma (Gonzalez-Cadavid et al., 1998) as well as in multi-
07 tissues in the fish (Ostbye et al., 2001). Loss of myostatin activity in cattle, mice,
08 and humans leads to a profound phenotype of muscle overgrowth, associated with
09 increased fiber numbers and size (McPherron and Lee, 1997; Schuelke et al., 2004;
10 Grobet et al., 1997; Nishi et al., 2002). Myostatin null animals and transgenic mice
11 overexpressing signaling inhibitors of myostatin such as follistatin and myostatin
12 propeptide, exhibit increased muscle mass that results both from increased number
13 of muscle fibers, and/or larger than normal fibers (Lee and McPherron, 2001;
14 Yanget et al., 2001).

15 Injured muscle lacking functional myostatin, exhibits improved regeneration
16 and reduced fibrosis, while over expression of myostatin leads to reduced muscle
17 and wasting (cachexia) (Cornelison et al., 2001; Wagner, 2005; Reisz-Porszasz
18 et al., 2003; Jespersen et al., 2006). Animal models with constitutive over- or
19 under-expression of myostatin do not permit direct evaluation of myostatin role
20 in adult life, as the observed mass increase could be a consequence of events
21 taking place during muscle histogenesis and prenatal development. Nevertheless,
22 conditional gene targeting approach exploiting the cre-lox system, demonstrated
23 that *postnatal* inactivation of the myostatin gene is sufficient to cause a gener-
24 alized muscular hypertrophy of the same magnitude as that observed for consti-
25 tutive myostatin knockout mice (Grobet et al., 2003). Additionally, the increased
26 expression of myostatin associated with muscle atrophy after periods of muscle
27 inactivity and upon the induction of cachexia in mice, by systemically adminis-
28 tered myostatin, also provides evidence for a role of myostatin in adult muscle
29 (Zimmers et al., 2002; Carlson et al., 1999; Wehling et al., 2000; Morley
30 et al., 2006).

31 Ablation of myostatin function was also shown to ameliorate the dystrophic
32 phenotype in certain myopathies. In the mdx mouse model of Duchenne muscular
33 dystrophy, deletion of the myostatin gene or treatment with a myostatin dominant-
34 negative polypeptide enhanced muscle mass and reduced disease severity (Wagner
35 et al., 2002; Bogdanovich et al., 2002; Bogdanovich et al., 2005). In contrast, loss
36 of myostatin activity in the dyW/dyW mouse model of laminin-deficient congenital
37 muscular dystrophy, a more severe and lethal disease model, did not improve all
38 aspects of muscle pathology (Li et al., 2005). Genetic manipulation or antibody-
39 mediated inhibition of myostatin function in a model of limb-girdle muscular
40 dystrophy (mice lacking delta-sarcoglycan), improved muscle mass, regeneration,
41 and reduced fibrosis. However, this improvement was achieved only during the
42 phase of postnatal growth but not in adults (Parsons et al., 2006). Altogether, the
43 aforementioned *in vivo* studies suggest that myostatin inhibition may benefit muscle
44 function in dystrophic and atrophic conditions.

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